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AGENDA

- 6:00 PM Introduction**
Mathew Maurer, MD (Chair)
- 6:10 PM When Should I Think Transthyretin Cardiac Amyloidosis? Red Flags and Keys to Early Diagnosis**
Sarah Cuddy, MD, MPH
- 6:30 PM The Changing Treatment Landscape for ATTR-CM**
Ahmad Masri, MD, M.S.
- 6:50 PM Navigating the Complexities of ATTR-CM Management: Practice Pearls**
Case #1: Avoiding Pitfalls and Overcoming Challenges
Justin Grodin, MD, MPH
Case #2: Getting to the Heart of the Matter: Challenges and Opportunities in Early Detection of ATTRv-CM
Mathew Maurer, MD
- 7:15 PM Question and Answer**

CHAIR

Mathew Maurer, MD



Arnold and Arlene Goldstein Professor
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Professor of Medicine
Columbia University Irving Medical Center
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FACULTY

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Justin Grodin, MD, MPH



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Transthyretin Amyloid Cardiomyopathy (ATTR-CM): An Evolution in Management

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Transthyretin Amyloid Cardiomyopathy (ATTR-CM): An Evolution in Management



**Saturday,
November 7, 2026**

Dinner and Registration: 5:30 - 6:00 PM CT
Symposium: 6:00 - 7:30 PM CT

**McCormick Place Convention Center
Industry Meeting Room
Level 4, N427D**

2301 S. Dr. Martin Luther King Jr. Drive • Chicago, Illinois

Chair

Mathew Maurer, MD

Faculty

Sarah Cuddy, MD, MPH
Justin Grodin, MD, MPH
Ahmad Masri, MD, MS

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This event is not part of the official Scientific Sessions Conference 2026 as planned by the American Heart Association Committee on Scientific Sessions Programming.

This activity is supported by an educational grant from AstraZeneca Pharmaceuticals LP and Ionis Pharmaceuticals.

This program
is sponsored by



PROGRAM OVERVIEW

Transthyretin amyloidosis (ATTR) is a progressive, multisystemic, life-threatening disease characterized by deposits of amyloid fibrils in the peripheral nerves, heart, and other tissues and organs, resulting in polyneuropathy (PN), cardiomyopathy (CM), or a mix of both neurologic and cardiac manifestations. ATTR amyloidosis may be caused by one of over 130 pathogenic mutations that destabilize the TTR protein (hereditary or variant ATTR amyloidosis, represented as either hATTR or ATTRv) or the accumulation of non-mutated TTR protein (wild-type ATTR amyloidosis, or ATTRwt). The phenotypic presentation of ATTRv amyloidosis is clinically heterogeneous and can be predominantly neurologic, predominantly cardiac, or mixed phenotype, depending on the particular TTR variant and other factors. ATTRwt amyloidosis is the most common type of ATTR amyloidosis and most often presents as CM.

Diagnosing ATTR-CM can be difficult due to low disease awareness, indeterminate family history, and the heterogeneity of clinical presentation that can overlap with more common diseases. Both ATTRv-CM and ATTRwt-CM are associated with markedly poor quality of life at the time of diagnosis and progressive deterioration when untreated, with patients frequently being hospitalized. Therefore, accurate and prompt diagnosis and treatment are key to improving clinical outcomes in patients with ATTR-CM. Crucially, the emergence of multiple disease-modifying therapies has transformed the therapeutic landscape, offering mortality and morbidity benefits that were previously unavailable.

In this symposium, ATTR experts will describe strategies for improving recognition of clinical clues for ATTR-CM and for making an earlier and accurate diagnosis. Evidence with disease-modifying therapies for ATTR-CM will be presented including interpretations of recently completed clinical trials. Most effective use of HF medications in ATTR-CM patients will also be discussed. Two cases with panel discussions will be presented, 1) avoiding pitfalls and explaining best practices to overcome management challenges, and 2) successfully addressing the complexities of diagnosing hereditary ATTR-CM and recognizing the importance of genetic testing not only for the index patient but also for identifying at-risk family members and initiating evidence-based interventions.

TARGET AUDIENCE

This educational activity is intended for cardiovascular clinicians.

EDUCATIONAL OBJECTIVES

Upon completion of this activity, participants should be able to:

- Identify suggestive findings for ATTR-CM
- Summarize the diagnostic evaluation for cardiac amyloidosis
- Interpret the evidence for ATTR-CM disease-modifying therapies
- Discuss strategies for the use of HF medications in patients diagnosed with ATTR-CM
- Explain the importance of genetic testing in the diagnosis of ATTR-CM
- Describe the challenges associated with the management of transthyretin amyloidosis



Mathew Maurer, MD



Sarah Cuddy, MD, MPH



Justin Grodin, MD, MPH



Ahmad Masri, MD, MS

EDUCATIONAL GRANT

Voxmedia gratefully acknowledges the educational grant provided by AstraZeneca Pharmaceuticals LP and Ionis Pharmaceuticals.

ACCREDITATION AND CREDIT DESIGNATION STATEMENTS

Voxmedia, LLC is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Voxmedia, LLC designates this live educational activity for a maximum of *1.5 AMA PRA Category 1 Credits™*. Physicians should claim only credit commensurate with the extent of their participation in the activity.

Nurse practitioners may participate in this educational activity and earn a certificate of completion as AANP accepts *AMA PRA Category 1 Credits™* through its reciprocity agreements.

The National Commission on Certification of Physician Assistants accepts *AMA PRA Category 1 Credits™* from organizations accredited by the ACCME.

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